

Class: Seven Final Term Assessment-2020 Class-7, Subject: PE (Worksheet-10)

Chapter-5: Sports for Life, Lesson-7: Volleyball Subject Teacher: M A Jalil, Email: majxbn@gmail.com

Q-1: What is Volley?

Answer: Volley means, strike or kick the ball made before it touches the ground. In sports, specially tennis or soccer. But our topic is volleyball. That's why we will strike or throw the ball in the air, nether tennis ball nor soccer.

O-2: What is Ball?

Answer: A hollow sphere, especially one that is kicked, thrown or hit in a game pitch delivered outside the strike zone that the better does not attempt to hit.

Q-3: What is Volleyball?

Answer: A game for two teams, usually of six players, in which a large ball is hit by hands, over a high net, the aim being to score points, by making the ball reach the ground on the opponents' side of the court. That's can be define volleyball or a game in which two teams hit and inflated ball over a high net usually by their hands.

Q-4: What is the difference between court and field (ground)?

Answer: The difference between court and field is the game which played inside the big room or big shed, that is call court, i,e, volleyball, handball, basketball, squash ball, badminton court etc. But the game which is played in the open space or field that is called field. i,e. Football, Cricket, Hockey, Athletics ground etc.

O-5: How volleyball team win in the game?

Answer: By the following ways a volleyball win in volleyball game?

- a) The team which wins 3 sets out of 5 sets will be declared winners,
- b) The team will win a set when it earns 25 points making a clear difference by 2 points against the opponent.
- c) If both team scores equal points of 24, it will be called deuce and until the difference by 2 points is attained by any team the game will be continued. In this way the game will be continuing up to 4th set.
- d) But the final set will be won by a team when it will earn 15 points making a 2 points lead over the opponent.
- e) But if the score is level at 14 points each, the game will be continuing until 2 points is earned by a team.

Dear learners, now you will solve the answer of the following questions:

- 1) How many Laws are there in Volleyball game?
- 2) What is the wide of every line of volleyball court?
- 3) Are the all lines included in the measurements volleyball court?
- 4) What is the length and breadth of volleyball court?
- 5) What is the height of the net of volleyball for men and women from the ground?
- 6) What is Antenna?
- 7) How many players consists a volleyball team and how of them are court players and substitutes?
- 8) How many sets are to be played in volleyball game?
- 9) How many ways are there for service in volleyball game?
- 10) How many ways are there to pass volleyball?
- 11) How will a team be declared as a winning team?